COPTHORNE
PREPARATORY SCHOOL

30th April 2019

To: Year 1 & 2 Parents

Dear Parents

Years 1 & 2 Triathlon – Friday 17th May

On Friday 17th May we are holding our annual Triathlon for Years 1 + 2. This will comprise of a short swim followed by a bicycle ride and finish with a run.

In order to assist with our planning for this event we need to ascertain which children own (or can borrow) bicycles, which children own cycle helmets and whether your child is able to ride a bicycle unaided (with stabilizers is fine!)

In order to ensure that all children are able to take part in this event we are also asking whether you would be prepared to lend your child's bicycle to another child who may not have their own.

The event will start at 1.30 in the pool with Year 1 swimming before Year 2. Please read and digest the following rules that we ask ALL parents to adhere to:

- Although we encourage parents to come and support their child, we do ask that any help needed is given by a member of staff. Please **do not** try to help your child in any of the disciplines.
- The bike section must be completed on a bike with or without stabilizers. **NO scooters** will be allowed! Please note several children in both year groups will use stabilizers; please do not remove them if your child cannot ride without them, and we suggest that you do not take the stabilizers off just before the event!
- Please make sure that your child's bike is in good working order with brakes (front and back) that work.

Please answer the questions and sign the attached parental consent form.

Yours sincerely

Susie Swadling

p.p. Mrs Jenny Parker

Headmaster - Chris Jones B.Ed (Hons)
Copthorne Preparatory School, Effingham Lane, Copthorne, West Sussex RH10 3HR
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Registered Charity Number 270757 Company Registration Number 1239211

COPTHORNE PREPARATORY SCHOOL

TRIATHLON CONSENT FORM

Please complete and return this form to Jenny Parker via Pre-Prep Office.

Year : 1 & 2 Triathlon (Swim/Cycle/Run)

On: Friday 17th May

Does your child own a bicycle?	Yes ☐	No ☐
Does it have stabilizers?	Yes ☐	No ☐
Would you be prepared to allow another child to borrow this bicycle?	Yes ☐	No ☐
Does your child own a cycling helmet?	Yes ☐	No ☐
Is your child able to ride a bicycle unaided?	Yes ☐	No ☐

School swimming costumes will be worn for the swim.

School PE kits will be worn for the cycle and run sections of the event.

Extra clothing required:
Cycle crash hats must be worn for the cycling event. **No Helmet – No Ride!**

I agree to authorise members of the staff to approve such first aid treatment as is deemed necessary in an emergency or medical treatment on the advice of a qualified medical practitioner.

Year 1 & 2 Triathlon – Friday 17th May 2017

I give consent for my child _____ to take part in the Years 1 & 2 Triathlon on Friday 17th May

Signature of parent: _____

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