COPTHORNE
PREPARATORY SCHOOL

14 February 2019

Dear Parent

**Ski Trip – Final Information**

**Departure**: **Saturday 30 March 2019**

We shall be leaving Copthorne Prep School at approximately 19:00 - (7.00pm in the evening!) Please arrive between 18:30 and 18:45, drop off luggage and park on the asphalt to allow space for the coach to turn.

**Return**: **Sunday 7 April 2019**

We should return to Copthorne Prep School at 10.30am but this may be earlier depending which ferry we catch. A Clarion message will be sent to parents if our return time is earlier, but if you hear nothing assume a 10.30am return.

**Contact Details**

Hotel Dujany
Via Risorgimento 104
11020 Nus
Valle d'Aosta
ITALY

Tel: 00 39 0165 767100

Interski Office: England - 01623 456 333
Aosta, Italy - 00 39 0165 304 711

Chris Jones Mobile 07900 947823 (to be used ONLY on the ski trip!)
Minnie Jones Mobile 07974 125 347

**Passports and Medical Cards (EHIC)**
Please have these available for collection when you arrive at School on Saturday 30 March. I will look after them all week.

**Pocket Money**
It is often quite difficult to decide how much should be taken. All food and drinks at mealtimes are provided for, but from past experience, buying extra drinks on the mountains is an expensive business (a coke can often cost up to £4.00).
I do not feel that it is appropriate for children to be expected to buy presents for parents/brothers/sisters. If children wish to buy themselves a souvenir T-shirt/sweatshirt that are often on sale then allow up to £25 for a sweatshirt.

50 to 70 Euros would seem a reasonable amount, bearing in mind the comments about presents/souvenirs above, but I shall leave the decision up to you. I will be running a bank, and will be distributing pocket money on a daily basis.

**I would ask you to hand in your child's pocket money in sealed envelope (with your child's name on the outside) containing money ALREADY EXCHANGED INTO SMALL DENOMINATION EURO NOTES.**

**Please give your child a few pounds and some Euros to keep for the journey as the "bank" will not open until we arrive in Italy.**

**Luggage**
Once it is loaded on the coach, this will not be accessible until we reach Italy. Anything needed for the journey should be packed in hand luggage to be taken on the coach.

**Hand Luggage**
Please pack enough food/snacks/drinks to last from tea/supper on Saturday (the last meal they eat with you at home) until breakfast on Sunday (the first meal they receive as part of the trip). Please ensure that there is a balance between savoury and sweet, and not too much chocolate that does encourage sickness! **Fizzy drinks should NOT BE PACKED! Other drinks should be in plastic bottles with screw tops not cans that can not be resealed.**

Books, magazines, Gameboys, iPod, IPads etc. may be brought (at the children's own risk) to help fill the time and I shall be bringing some suitable DVD's. Please ensure that all games are suitable – no 18 rated games please!!!

**Sometimes we go to the ski fitting room before the Hotel, so please pack some ski socks in the hand luggage.**

Pillows/neck support and a fleece or jacket for late night stops is important.

**What to Pack for Skiing**
Waterproof and windproof ski jacket x 1 } Can be hired from Interski
Waterproof and windproof trousers or salopettes x 1 } (Good value)
Waterproof gloves x 1 pair
Cotton or thermal roll neck shirt x 1
T-shirts x 3
Several thin layers (jumpers, sweatshirts or fleeces) x 2
Knee length ski socks x 3 or 4
Sunglasses (designed for skiing) with neck cord (optional)
Snow goggles (essential)
Lip protection (designed for skiing – that can be taken up the mountain)
Factor 25+ sun tan lotion (enough to last the week, and a tube that can be taken up the mountain!)
**Do not bring snow boots or wellies. Trainers are fine.**

Please note that helmets must be worn and are included in the cost of the trip.

***If you are hiring/buying kit from interski please deal with them/pay them directly either by post or online*** https://www.interski.co.uk/Rental
***Clothing hired will be delivered to out hotel in Italy. Accessories bought will be delivered to the school to be passed on to you prior to departure.***

**For Après Ski**
Two other complete casual outfits (not necessarily shoes) for general evening entertainment - Swimming costume/swimming cap/goggles/towel

**For Sleeping**
Pyjamas/nightie
Cuddly toy!

**For Washing**
Shampoo/shower gel
Soap
Toothbrush & toothpaste
Towel

**+For Everyday**
Enough socks and underwear to last 8 days! Bear in mind that you shower every day after skiing. Please try to pack your entire luggage into one soft suitcase/rucksack/bag. Once it is

loaded onto the coach it will not be accessible until we get to Italy, so make sure you keep everything you need on the coach in a separate bag.

**To Travel**
Comfortable clothes (jeans/tracksuit, School provided Hoodie and training shoes)

**Medication**
If your child requires any medication of any sort, please hand this in to Mr or Mrs Jones on Saturday 30th March with clear written guidelines about dosage. Children prone to travel sickness may need to take some tablets prior to meeting up at 7.00pm and further tablets should be handed to Mrs Jones to be administered as necessary.
Children listed at school as asthmatics will need to carry their inhalers on the mountain and will not be allowed to ski without them. Any child who needs an auto-injector (epi-pen) will also need to have access to one at all times, including when skiing.

**Dietary requirements**
Please speak to me before the trip if your child has complicated dietary requirements as we may need to take some special supplies with us for the hotel to cook. In the past we have taken gluten free pasta etc. that the hotel are very happy to prepare.

**Chewing/Bubble Gum**
Can I please remind all children and parents that chewing/bubble gum should not be packed, purchased or consumed at any time on this trip!

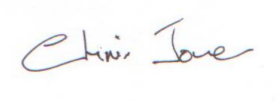
**Mobile Phones**
**Mobile phones are NOT necessary for any child.**
Parents can always contact the hotel, or ring Mrs Jones or I in order to speak to your children. In the past, children with their own phones have lost them, and/or phoned home just before bedtime leaving both children and parents in tears!

**EHIC Medical Cards/Passports**
Please can I encourage you to check that your child's passport or their EHIC Card has not expired. Some parents are not aware that these EHIC cards have a limited life and need renewing after 5 years! They can be renewed up to 6 months before expiry. Medicards and passports will be collected in when we depart on Saturday 30th March along with pocket money and any personal medication. Interski recommends that all passports have at least 6 months from the date of return to the UK before they expire.

**Ski Blog**
Your intrepid ski correspondent "Franz" liaises very closely with Carole Kinnear on a daily basis and she very kindly uploads my blog and photographs onto the school website and the Parents Facebook page throughout the week. It is worth logging onto these on a daily basis to see how the trip is going and view photographs if possible.

I look forward to seeing you all at 18:45/19:00 on Saturday 30th March 2019. Feel free to call me at school if you do have any last minute concerns.

Yours sincerely



Chris Jones