# 2019
# Ski Trip

Saturday 30 March to Sunday 7 April

# 34 children

- Mr Jones
- Mrs Jones
- Mrs Coppin
- Mrs Hamps
- Mr Ansboro
- Miss Jones

# Departure

- Saturday 30 March – approximately 7.00pm
- Travel by coach to Dover (2 drivers)
- Dover – Calais crossing (90 minutes)
- Drive to Pila – 12 hours – arrive at hotel for lunch
- Sort out ski's/boots/poles/helmets etc. in the afternoon
- Dinner – early to bed
- Monday – first day skiing

# Departure

- At departure time I will collect in:-

✓ Passports – please check it is the right one!

✓ EHIC Cards – need one, apply on line if expired

✓ Pocket Money – small denominations (5's & 10's please – average spend last year about 50/60 euros)

✓ Any medication – please keep in original containers and clearly label dosage instructions

# Departure

- Wear comfortable clothes – sitting/sleeping
- Bring a warm jacket on the coach
- Bring neck support/pillow
- Bring food/drink to last from supper on Saturday to breakfast on Sunday or money to buy food/
- IPads/electronic games etc. at your own risk
- No phones (with sim cards) please

# Departure

- All luggage that goes under the coach is not accessible until we arrive in Italy
- Hand luggage only inside the coach (pack a pair of ski socks in hand luggage)
- Seating arranged by ages/preferences
- Travel sickness sufferers at the front!
- It may be worth giving children some euros for the journey – but they do not have to spend it on the ferry!

# Departure

- Parents drop off luggage etc. and park on Asphalt so coach can turn around
- Wear Copthorne ski trip hoodie on journey
- Don’t bring cans – bottles with lids better
- Not too much fizzy drink – water is best
- Not too many sweets – encourage sickness

# On the Journey

- Shout if you feel ill – before you are!
- Seat belts must be worn
- Children stay in allocated seats
- Lights out as soon as we arrive in Calais
- Breakfast at service station around 6.00am
- Continental breakfast – croissants/bread rolls/juice/tea/coffee/hot chocolate (all free)
- Arrive at hotel for lunch

# Monday – Saturday skiing

- 7.30am wake up call
- Dress in ski clothes (not helmets + goggles!)
- Breakfast around 8.00am (sing Happy Birthday to HM on Monday)
- Depart hotel around 8.45am
- Helmets, gloves, goggles/sun glasses, lift pass, sun cream/lip balm, EHIC card, lunch voucher, pocket money
- Don’t leave anything in coach or on gondola

# Monday – Saturday skiing

- Drive to Pila (20 minutes)
- Put on boots and carry skis/poles
- Walk to gondola (200m)
- 22 minute gondola ride – (groups of 8)
- Skis in rack on outside, poles inside
- 2nd station, don't get out at first stop.
- Gather together in ski groups (based on ability)
- 10.00am – 3.00pm skiing (+ supervised lunch)

# Monday – Saturday skiing

- Listen to the instructor – ski in line
- Drink water at lunchtime.
- Try to remember the number on your skis – so you put the correct pair on after lunch
- At 3.00pm, we take the gondola down the mountain (2 stops – 22 minutes)
- Put skis/boot/poles in lockers
- Get coach back to hotel – shower and change
- Après ski activity – swimming, bowling, tubing, ice cream parlour, pizza night

# What to pack – for skiing?

- Waterproof ski jacket (take on coach)
- Waterproof ski trousers/salopettes
- Above kit can be hired from Interski
- Sun glasses AND goggles (or only goggles)
- Factor 25+ sun cream – to apply at hotel AND a small tube to take up the mountain
- Lip balm for skiing – (chap stick to take up the mountain)

# What to pack – for skiing?

- Ski socks x 3 (long enough to cover shins - not games socks)
- Ski gloves (2 pairs if you don't want to ski in wet gloves!)
- Several (x3) thin layers (T-shirts)
- Thin fleece/sweatshirt
- Base layers (long john's are not necessary)
- Training shoes
- Wellies/snow boots are not needed

# What to pack – for Après Ski

- Casual clothes for general evening wear x 2
- Enough underwear for 8 days, bearing in mind you will shower every day after skiing
- PJ's - Cuddly toy
- Shampoo/shower gel/toothpaste/toothbrush
- Shower towel
- Swimming costume/cap/goggles/towel

# General

- Some parents phone daily, some not at all!
- Supper usually around 7.00pm
- Treat the hotel as you would treat your home
- No running around in the hotel
- No boys in girls rooms and no girls in boys rooms
- Try to keep your clothes in your case/cupboard/area. Named clothes will return!
- Do not bring expensive clothes/watches etc.

# General

- Children with dietary requirements – parents should speak to me before hand so we can plan.
- Fussy eaters may need to pack suitable provisions
- Soup/pasta starter
- Meat/veg main meal
- Desert often fruit/cake/ice cream
- Room Inspection – prizes for tidiest rooms
- School of the Year nominations

# Questions

- No such thing as a stupid question – please ask